

Club Name:	Assessment Completed by (name / role):
Clwb Beicio Ystwyth / Ystwyth Cycling Club	Anita Saycell / Club Secretary
Club Address	Date Completed
	14/08/2020

Covid 19 Supplementary Risk Assessment for Club Activities - Mountain Bike Social Rides

Functional Area	Description of the Risk	Who is at Risk			Level of risk (pre-control)			Controls to reduce the Risk <small>(The use of PPE is to be considered a last resort when all other controls have been exhausted)</small>	Level of risk (post-control)			Action Progress		
		P	C	G	H	M	L		H	M	L	Who (name)	When (due)	Complete (date)
In all cases if attending an existing facility for your activity ensure the facility operators have completed a covid 19 specific risk assessment and that you have been given a copy to understand the extra controls you may require to make your activity safe.														
Pre-Activity Communication	People not receiving appropriate and accurate information in advance of attending an activity	•	•	•		•				•	AS	#####	#####	
	Activity guidelines not understood and adhered to by participants	•	•	•		•								
Area of Activity / Led Ride Route	People gathering, queuing in a confined space and unable to maintain social distancing protocols	•	•	•		•				•	AS	#####	#####	
	Handling of cash and pens will increase likelihood of transmission	•	•	•		•								
	Secure storage of personal belongings creating potential for transfer and migration of disease	•	•	•		•				•	AS	#####	#####	
	Activity area lacking appropriate spacing giving limited opportunity for social distancing	•	•	•			•			•	AS	#####	#####	
	Clear routes to and from activity areas not clearly defined	•	•	•			•			•	AS	ongoing	ongoing	
Task (activities)	Riders failing to maintain correct distance during activity	•	•	•		•				•	AS	#####		
	Activities which produce direct or indirect contact between riders	•	•	•		•				•	AS	#####		
	Failing to maintain correct social distance during activity	•	•	•		•				•	AS	#####		
Loan equipment	Risk of transmission from loan equipment not being suitably cleaned between use	•	•	•						•	AS	n/a		
Volunteers & Coaches	Volunteers coming in to close contact with participants and spectators	•	•	•		•				•	AS	#####		
	Volunteers who would be classed 'at risk' attending the event	•	•	•		•				•	AS	#####		
First Aid Provision	First Aid provision unable to exercise correct treatment protocols in line with guidance	•	•	•			•			•	AS	#####		
	First aid provision unaware of protocols and actions should a person present with acute signs of covid 19 infection	•	•	•		•				•	AS	#####		
	First Aid certificate expires during covid period and is unable to be refreshed	•	•	•			•				AS	#####		

Functional Area	Description of the Risk	Who is at Risk			Level of risk (pre-control)			Controls to reduce the Risk <small>(The use of PPE is to be considered a last resort when all other controls have been exhausted)</small>			Level of risk (post-control)			Action Progress		
		P	C	G	H	M	L	H = High / M = Medium / L = Low			H	M	L	Who (name)	When (due)	Complete (date)
	The requirement to undertake first aid	•	•	•			•		Ensure that the location and activities used are comfortably within the participants capabilities			•	AS	#####		
Emergency services response	All activity volunteers unaware of the actions to be taken in an emergency requiring attendance of the emergency services	•	•	•		•			All activity volunteers to be briefed on the actions to be taken should the emergency services attend. Access / Exit points to be clearly identified and controlled to ensure these are clear at all times. Nominated person to assist Emergency services, if required			•	AS	#####		
spectators / Parents / Other users	participants and spectators sharing food and drink increasing the cross contamination potential	•	•	•		•			At time of booking attendees will be notified of no food or drink provision being available, with advise to bring sufficient supplies for the activity			•	AS	#####		
	Parents congregating, or impeding the activity	•	•	•	•	•	•		Designated viewing area to be marked out with social distancing marking as per current government guidelines				n/a			
	Participants and parents congregating in parking areas due to high numbers	•	•	•		•			All sessions separated by a suitable time gap to allow access and egress safely from parking areas				n/a			
Shared Facilities	gathering of people within a confined space increasing the risk of infection and preventing social distancing protocols	•	•	•			•		All common areas to be secured and considered non-accessible				n/a			
	Changing and showering facilities creating confined space with no social distancing measures increasing the likelihood of infection	•	•	•			•		All common changing areas to be secured to prevent use or access. All participants to be instructed to attend correctly dressed for the activity and to then travel home prior to showering etc.				n/a			
	Toilets creating confined space with many touch points to increase potential for infection	•	•	•			•		Controlled access to toilet facilities to maintain low numbers to enable correct social distancing. Cleaning regime to be applied throughout the day with extra attention given to common touch points				n/a			
Equipment	Equipment not being checked prior to use in line with existing standard practice due to fears of contamination	•	•	•		•			Ask participants to undertake own checks, under supervision / use effective hand hygiene and social distancing to check bikes, helmets and equipment			•	AS	#####		
	Repairs to equipment required during activity	•	•	•		•			Repair to be undertaken in line with effective hand hygiene and social distancing requirements.			•	AS	#####		
	Use of specialist emergency equipment	•	•	•		•			Replace group shelter with individual bivvy bags; ensure that riders have their own spare clothing, waterproofs and personal medical requirements			•	AS	#####		